

VF

Old Age

UNIVERSITY  
OF MICHIGAN

NOV

# Aging

U. S. DEPARTMENT OF HEALTH, EDUCATION, AND WELFARE

No. 72 -- October 1960

## North Carolina: Governor's Conference on Aging

By Mrs. James W. Reid, Executive Secretary, Governor's Coordinating Committee on Aging, P. O. Box 2599, Raleigh.

A high point in North Carolina's full decade of official concern and action on behalf of its elder citizens was reached July 27-29 during the second North Carolina Governor's Conference on Aging, which was attended by more than 620 persons.

The keynote was sounded by Governor Luther H. Hodges, who opened the Conference with an address on "A State's Responsibilities to Its Elder Citizens."

"I do not assume or believe," the Governor said, "that the older persons in our State present unusual and special public problems to the extent that we should isolate this particular group from all other citizens, and set them apart from the mainstream of our citizenship."

The North Carolina Conference was planned by the Governor's Coordinating Committee on Aging which had been appointed by Governor Hodges in 1956. Findings and recommendations of an earlier Conference held in 1951 served as a starting point for considerations and activities during the intervening years.

As a prelude to North Carolina's participation in the 1961 White House Conference on Aging, the 1960 State Conference had as two of its four speakers members of the National Advisory Committee for the WHCA.

### Dr. Ewald W. Busse

Dr. Ewald W. Busse, a North Carolinian who is Chairman of the WHCA Planning Committee on Medical Research in Gerontology, spoke Thursday morning on "The Health and Adjustment of Older People." He is Director of the Duke University Center for the Study of Aging,

and Chairman of the University's Department of Psychiatry. He emphasized the necessity for health care for the aged to aim at more than mere prolonging of life, and said that the goal must be care which will "increase the chances of an older person to live happily in a manner satisfactory to society."

### Miss Chloe Gifford

Plans for the White House Conference were outlined in a talk, "Tomorrow's Challenge Today—Every Citizen's Concern," by Miss Chloe Gifford, a member of the National Advisory Committee and the WHCA Planning Committee for National Voluntary Services and Service Organizations. Miss Gifford has been for the past two years on leave from the University of Kentucky (where she is Director of the University Extension Division and Director of the Department of Community Services of the College of Adult Education) to serve as President of the General Federation of Women's Clubs, an international organization of more than 11,000,000 women.

Deploing compulsory retirement at age 65 and "hiring discriminations" against men and women in their middle years, she pointed out that many of the world's foremost scientists, artists and statesmen have made their greatest contributions to the world at ages well past 65. "Why," she asked, "should we live longer and not be permitted to lead an active life?" She recommended that some type of scientific testing service be set up that "will determine, regardless of age, when an individual's workload should be lessened," in order to develop retirement policies to fit the medical, economic and social life of today. She also urged the development of plans for a continuing program following the WHCA, and emphasized that the challenges presented must be met on the local level.

(continued on p. 2, col. 2)

## **New Federal Legislation: Medical Assistance for the Aged**

Public Law 86-778

A new program of medical assistance for older men and women of limited means who are not on public assistance became effective October 1. It is estimated that from a half-million to a million persons will receive benefits during a year under this program.

This assistance is available to men and women over 65 when the States in which they live determine that their resources are not sufficient to meet the costs of necessary medical services. The law makes it clear that eligibility for federally supported medical assistance to the aged may be established on a more liberal basis than that for old-age assistance.

Federal funds will share in a broad range of medical services, including health care at home as well as nursing home and hospital care, in States that participate.

The Federal Government will share in total expenditures made by the State according to the State's per capita income compared to the national per capita income. This will range from 50 to 80 percent. In the first year of operation, Federal funds will amount to an estimated \$60 million, and State and local funds to nearly \$56 million.

For the aged whose incomes are in excess of that permitted for old-age assistance but who are unable to pay medical bills, the new law will operate as follows:

- The States will determine the persons who can qualify for benefits under the program. Each State will be responsible for developing its qualifying test.
- The States will decide what hospital, medical, and surgical benefits are to be made available to the aged who qualify. The benefits will be as liberal as the States want to make them.

### **Medical Care for Public Assistance Recipients**

Additional Federal grants are being made to participating States for medical services to the 2.4 million men and women dependent on old-age assistance, beginning October 1.

The Federal cost for the rest of fiscal year 1961 will be about \$70 million, and about \$142 million for fiscal year 1962. The Federal share will be determined by a State's per capita income, and Federal funds will be included in a single grant that will cover the total Federal share in a State's money payments to old-age assistance recipients. The additional Federal funds will be available to the States only to the extent expenditures are made under the State plan for medical care of old-age assistance recipients.

(from p. 1)

### **A Continuing Program After WHCA**

This continuing program was outlined during three concentrated sessions at each of eight concurrent workshops.

The workshop chairmen presented to the full Conference (at its closing session) brief resumes of the findings in each section, and some 140 recommendations were recorded, calling for action on the local, State or Federal level. These recommendations have been collated into North Carolina's official "Report of Recommendations" to the WHCA.

The concluding speaker, Dr. Harold J. Dudley, General Secretary of the Presbyterian Synod of North Carolina, addressed the Conference on the subject, "Age Is a State of Mind?" He said that although age is a state of body, it also may be a state of mind over body, and is also a "state of grace." He urged those concerned with the many facets of aging to "cultivate the art of understanding, and to practice and teach others to cultivate the joy of aging."

### **More Than 620 Registrants**

The more than 620 registrants included many older citizens themselves, as well as members of the Specialized Study Committees which had prepared background papers for the workshops, members of many of the 100 County Coordinating Committees on Aging, and other interested professional and lay people, representing 75 of North Carolina's 100 counties.

Two resolutions were introduced and adopted during the concluding session:

The first expressed "appreciation and gratitude" to the Governor, to the Chairman Dr. Ellen Winston, and to members of the Governor's Coordinating Committee, "for the work and thought which they have contributed to make this a most successful Conference."

The second resolution provided that "future Governors of North Carolina be acquainted with the efficiency and potential of this type Conference, in the hope that they may see fit to continue these Conferences at periodic intervals."

In Wyoming, special provisions in the law of the State Game and Fish Commission provide that:

"Any bona fide resident of Wyoming who has resided in the State of Wyoming for twenty or more years, and is over the age of sixty-five years, shall be granted a lifetime bird and fish license as long as he is a resident of this State without charge; provided further that any bona fide resident of Wyoming, who has resided in the state for thirty or more years, and is over the age of sixty-five years, shall be granted a resident hunting license and a resident antelope permit without charge."

For further information: Charles L. Rodermeier, Chief, Information and Education, Game and Fish Commission, Cheyenne.

## Washington, D. C.:

### The League of Senior Citizens Clubs

By Eugene S. Simmons, President, League of Senior Citizens Clubs of the Washington Metropolitan Area, 5628 Old Barnaby Rd., SE., Washington, D. C.

Realizing the need for some co-ordinated work for the senior citizens clubs in the Metropolitan area, a group of people got together in January 1960 to discuss ways and means to get some action.

Dr. Jack Kleh, Chairman of the D.C. Council on Aging, agreed to sponsor such a project. A temporary steering committee was appointed. Suggested constitution and by-laws were drawn up and sent to all the clubs in the Metropolitan Washington area.

On June 6, at a called meeting of all the clubs, the constitution and by-laws were approved, and officers were elected.

The purposes of the League are as follows:

"1. To share in practical ideas, techniques and programs, learning from each other how similar questions and opportunities are met in different groups.

2. To share information, perhaps through news bulletins, concerning legislation, conferences, publications, housing projects, etc., of special interest to Senior Citizens.

3. To cooperate in telling the story of the needs and achievements of Senior Citizens through the press and broadcasting facilities.

4. To plan city-wide and joint activities such as hobby-shows, bus trips, parties, etc., which one club would hesitate to plan alone, but which would be practical for several clubs working together.

5. To encourage fellowship, good programs and community service."

## Philadelphia:

### New Recreational Facility For Retired Workers

In Philadelphia, according to Frank Bilotta, chairman of the dedication committee for the Charles Weinstein Geriatric Center, on Sansom Street west of 21st, the first recreational facility ever built for retired workers through the co-operation of labor and management was opened September 10.

The \$1,300,000 structure, providing facilities for a variety of educational and recreational activities of retired clothing workers and their wives or husbands, was jointly sponsored and financed by the Philadelphia Clothing Manufacturers Association and the Philadelphia Joint Board of the Amalgamated Clothing Workers of America.

The geriatric center is a division of the Sidney Hillman Medical Center of the Male Apparel Industry of Philadelphia, whose property it ad-

joins. It will foster general social adjustments, in addition to providing constructive leisure time activities. Open daily from 10 a.m. to 3 p.m., it serves 800 senior citizens of this area. No dues or fees are charged.

The new one-story structure, designed by Herman Polss, contains a large lounge with easy chairs arranged in a semi-circle around a three-faced fireplace, an auditorium with stage and dressing room, card rooms, a reading and discussion room, and a refreshment area with kitchen. Other features include arts and crafts rooms for ceramics, carpentry, and other hobbies; a greenhouse, a fountain pool surrounded by grassy courts, and a bocce court. (Bocce is an Italian variety of the game of bowling.)

## Oregon:

### Cooperative Nursing Home Program

This article is adapted from the August 1960 issue of *Chronic Illness Newsletter*, issued bimonthly by the American Medical Association, 535 N. Dearborn St., Chicago 10.

Some 150 physicians of the Multnomah County Medical Society in Portland, Oregon, have offered to supervise the medical care of nursing home patients in the county, under a cooperative program with the County Welfare Commission.

Objectives of the program are to:

- provide direct medical care for nearly 1,600 welfare patients now confined to nursing homes in Multnomah County;

- reduce cost of transportation of welfare patients to the out-patient department at the University of Oregon Medical School.

- provide more adequate controls on the use of drugs and prescription refills; and

- emphasize rehabilitation, with the hope that more welfare patients can be released from nursing homes to limited care within their own home or foster homes.

Assignment of physicians to specific nursing homes is the responsibility of the part-time medical director of the Welfare Commission. To date he has completed about half the necessary assignments.

On the average, each physician will be responsible for about 50 nursing home patients. He will make rounds at least every week, and will keep in close touch with the nurse on duty in the home. For this service, physicians will be compensated at the rate of \$5 per patient per month, with an additional allowance for emergency calls.

The program has been established on a pilot basis for one year. At the end of that time, medical and financial aspects will be reviewed by the Welfare Commission and by the Medical Society's Committee on Charitable Medical Care.





**Officials of White House Conference on Aging:**  
Shown with HEW Secretary Arthur S. Flemming (l.) are Hon. Robert W. Kean, Chairman of the WHCA National Advisory Committee; Mr. Robert H. Grant, Director of the Special Staff on Aging; HEW Under Secretary Miss Bertha S. Adkins; and Dr. James Watt, Special Assistant for Aging.

## **Social Security Amendments of 1960**

The 1960 social security law, signed by President Eisenhower on September 13, makes major OASDI program changes, in addition to providing Federal aid for medical care of the needy.

### **Age 50 Limit Eliminated for Disability**

In the Federal old-age, survivors and disability insurance program the 50-year age limitation for disability benefits is eliminated.

This means that disabled workers and their dependents no longer have to wait for the severely disabled worker to become 50 years of age to receive social security insurance benefits. An estimated 125,000 disabled workers — plus about 125,000 dependents—will now qualify for disability benefits.

### **Retirement Test Changed**

The OASDI retirement test has been liberalized. At present a worker receiving benefits can earn up to \$1,200 a year without loss of any benefits. Instead of having one month's benefit withheld for every \$80 above \$1,200, the new law provides that \$1 in benefits will be withheld for every \$2 of earnings between \$1,200 and \$1,500, and \$1 in benefits for each \$1 in earnings above \$1,500. This provision becomes effective in January 1961.

### **New Leaflet Available**

"Social Security Amendments of 1960" (September 1960), an eight-page leaflet which explains changes in old-age, survivors, and disability insurance enacted into law last month, is available from any district office of the Social Security Administration. Ask for leaflet OASI-1960-1.

## **NEWS ITEMS**

In releasing a new report on "The Aged in Mental Hospitals" ( 5 pp; Senate Committee Print 60161), Senator Pat McNamara (D-Mich.), Chairman of the U. S. Senate Subcommittee on Problems of the Aged and Aging, pointed out that "the proportion of older persons filling our mental hospitals is increasing at an alarming rate. On any given day, one out of three beds in public mental hospitals is occupied by a person 65 or older—a total of 165,000 patients." The report shows that first admissions to mental hospitals increase rapidly with age and are almost two and a half times as high for those over 65 as those 25-44 years of age.

Copies, in limited supply, are available from the Subcommittee on Aging, 249 Senate Office Bldg., Washington 25, D. C.



Louis Kuplan of California (P.O. Box 2103, Sacramento 10) became President of the International Association of Gerontology when Professor Enrico Greppi, of Florence, Italy, transferred the symbol of office from himself to Mr. Kuplan at the opening session of the Fifth International Congress of Gerontology in San Francisco. Mr. Kuplan had been named President-Elect at the 1957 Merano-Venice Congress. He served as President and organizer of the August San Francisco ICG meeting.



The Louisiana Commission on Aging started publication in July of a monthly *Newsletter*. The purpose of this spirit-duplicated bulletin is to inform local advisory councils on aging and other interested persons of activities concerning aging within the State and in other States.

When requesting this publication, persons or organizations outside the State should send a self-addressed, stamped (5¢) envelope (7½ x 10½") to Louisiana Commission on the Aging, P.O. Box 4282, Capitol Station, Baton Rouge.



A research team, headed by Professor Philip Taft, will undertake a special study at Brown University in Providence, R. I., under a \$160,000 Ford Foundation grant, to analyze the economic effects of private pension plans and the employment problem of middle-aged and older workers.

A broad analysis of management and labor practices as they affect employment of older workers will include studies of collective bargaining agreements, hiring practices, the effect and extent of union policies, and occupational patterns on the older worker market.

A "Seminar on Casework for Older Persons," scheduled for October 31—November 4 at Arden House, Harriman, N. Y., is an excellent example of public and voluntary agency cooperation. It is jointly sponsored by DHEW's Bureau of Public Assistance (Washington 25, D. C.), the National Committee on the Aging (345 E. 46 St, NYC 17), the Family Service Association of America (215 Park Ave, S, NYC 3), and the American Public Welfare Association (1313 E 60 St, Chicago 37).

Over-all purpose of the Seminar is to make a major contribution to the nationwide development of casework services for older persons and to the training of staff to provide these services. Approximately 80 key persons knowledgeable in the field of aging from public and voluntary agencies are participating. Seminar conclusions and recommendations will be published.



*The New England Adage* (44 West St., Worcester 9, Mass.; bi-monthly; \$1 a year) reports that Industrial Experience, Inc., 6 Park Ave., Worcester 5, has recently been organized by a group of retired executives, together with several men still actively engaged in industry.

Lewis Wald is President, Carl Soderlund and Oscar V. Payne, Vice-Presidents.

Purpose is to make available to business and industry the occasional or part-time service of highly competent individuals, former executives, experts and specialists.

These men, retired because of age, are still energetic and alert and bring to business and industry the benefits of their many years of experience.

In some cases, particularly in the engineering fields, men may be available for full time work.



In the June-August edition of *Selected Acquisitions*, issued by Mrs. Winifred E. Stone, Librarian of the National Committee on the Aging, 345 E 46 St, NYC 17, is the following listing of recent fiction books on aging:

- ALLEN, Walter, "Threescore and ten" (William Morrow, NY, 1959, 279pp.)
- FAUNCE, Frances Avery, "Those later years" (Crowell, NY, c1959, 177pp.)
- LAWRENCE, Josephine, "All our tomorrows" (Harcourt, NY, c1959, 319pp.)
- SPARK, Muriel, "Memento mori" (Lippincott, Philadelphia, 1959, 224pp.)
- TEMPLE, Willard, "Every day is Sunday" (Crown, NY, c1959, 253pp.)
- UPDIKE, John, "The Poorhouse fair" (Knopf, NY, 1959, 185pp.)
- VAN VELDE, Jacoba, "The Big ward" (Simon, NY, 1960, 120pp.)
- WOOLF, Douglas, "Fade out" (Grove, NY, c1959, 273pp.)



Talents, skills, and creative abilities of members of the Senior Citizens Center, 140 Ross Avenue, Hamilton, Ohio, provide hours of interesting activity:

The Whittler's Club is carving a collection of birds, native to the locality, which are carved to scale, and hand-painted in exact coloring, according to an authentic bird book. This collection is valuable because of its beauty and authenticity; it also proves that age does not deter learning. For more information: Mrs. Muriel M. Allen, Executive Director.

Appointment of Dr. George C. Mann as Specialist for Education on Aging was announced on September 9 by U. S. Commissioner of Education Lawrence G. Derthick in Washington, D. C.

In his new position Dr. Mann will cooperate with DHEW's Special Staff on Aging and with State groups preparing for the WHCA. He will also serve as Technical Director for the WHCA Planning Committee on Education.

Dr. Mann retired from the California State Department of Education in 1956 where he was head of the Adult and Continuation Education Division. Since 1956 he has served as Research and Visiting Professor at the University of Illinois and has directed school district surveys in Springfield, Mo., and Phoenix, Ariz.



Questionnaires had been received at the end of August from 41 State dental societies by the American Dental Association's Council on Dental Health (222 E Superior St, Chicago 11.) in its survey to determine the status of dental care programs for the aged. In an additional study, 26 State dental directors have responded to the Council's request for information on dental programs for homebound persons and individuals confined to nursing homes.



The University of Michigan's Fourteenth Annual Conference on Aging has been scheduled for June 19-21, 1961. Meeting place will be the Michigan Union.

## Texas State Conference: Sixty Recommendations for WHCA

By Crawford C. Martin, Chairman, Governor's Committee on Aging, Box 2125, Capitol Station, Austin, Texas.

Five hundred delegates, representing all areas of Texas, met at the State Capitol in Austin on September 7-8 to attend the Governor's statewide Conference on Aging.

A program of 60 recommendations was approved at the Conference.

All points—calling for action at national, State, and local levels—will be forwarded to the White House Conference. Those calling for State government action will be reported to Texas' Interim Legislative Committee. In addition, all recommendations are intended to serve as a guide for local committees throughout the State.

### 200 County Meetings

The recommendations, a direct outgrowth of almost 200 grassroots county meetings (some of Texas' 254 counties are sparsely populated and held no county meetings), represent not only the thinking at the community level, but also the views of recognized authorities in the State in various fields of aging.

To gather the information upon which the recommendations were based, questionnaires were sent to each county. The county responses, in combination with the data compiled at the State level by the 122-member Governor's Advisory Committee, were published in Texas' "Fact-Finding Report" and a subsequent "Evaluation Report."

At a meeting in advance of the State Conference, the Governor's Advisory Committee on Aging prepared a set of suggested recommendations, using information provided by the above two reports.

### Preliminary Recommendations Already Prepared

These preliminary recommendations were then referred to the State Conference discussion groups, which went into great detail on each point. Some were approved in full, others altered, and some eliminated.

Representing the efforts of approximately 4,000 Texas citizens, the study has been acclaimed as the most comprehensive ever undertaken in this State on the subject of aging.

The Texas study was divided into six subjects: *Population Trends and Research and Training; Income and Employment; Welfare; Health; Education and Recreation; and Housing.*

State Senator Crawford C. Martin of Hillsboro directed the study. He is also a member of Texas' Interim Legislative Committee on Problems of the Aging.

### Governor and State Officials Participate

Speakers at the two-day Conference included

Texas' Governor Price Daniel; Congressman Wright Patman of Texarkana; State Senator David W. Ratliff of Stamford; John H. Winters, Commissioner of the Texas State Department of Public Welfare; and C. M. Lambright, WHCA Regional Representative, Dallas.

In his keynote address, Mr. Winters emphasized that we don't have problems with the aged, rather "some of the aged have problems."

### Major Recommendations Listed

Among the major Conference recommendations were that the State constitutional ceiling for old age assistance, aid to dependent children and aid to the needy blind be raised from the present \$47 million to \$57 million; that funds be voted by the Legislature to put into effect a medical vendor payment plan that was approved by the people as a constitutional amendment; and that a financial plan be worked out so that 3,000 elderly seniles who are now in State hospitals could be transferred to nursing homes.

The Texas group recommended that the Federal law on Old-Age and Survivors Insurance be changed so that the level of earning permissible be set at a more realistic level commensurate with present inflationary cost of living.

### New State Agencies Proposed

Establishment of two new State government agencies was also suggested:

- 1) A State Committee on Employment of the Aging to work with employers and other groups to promote employment of aging based upon ability to perform, and

- 2) A permanent State Commission on Aging.

The latter group would, among other duties work with local Committees on Aging, which counties were urged to establish to implement local programs of service to the aged.

### Community Responsibility

The Conference delegates noted that counties and communities were not without some responsibility in caring for the aged, and made these recommendations:

- 1) That cities and counties re-analyze their welfare programs and institute new programs that will center more responsibility for the care of the aged at the community level;

- 2) That emphasis for development of social services for the aging be sought at the local level, particularly since churches, labor unions and fraternal groups were in a position through their welfare programs to perform valuable services;

- 3) That local committees conduct further surveys to determine the educational and recreational desires, needs, and resources of the aged, and recommend methods for use of these resources or obtaining additional resources where needed.



## Fifth Internat'l Gerontology Congress

The fifth triennial world congress of gerontologists took place in San Francisco during the second week of August.

More than 500 research workers representing 52 countries presented papers or participated in symposia on topics ranging from aging and disease processes in lower animals and human cells and organs all the way to the effects of aging populations on complex social system. Total attendance reached 1,200 persons, eager to exchange ideas, review one another's hypotheses and conclusions, and seek factual bases for improving programs of social action.

### Scientific Sessions

Scientific sessions extended from 9 a.m. to 5 p.m. daily and were followed by a series of informal meetings. Receptions were given for all participants by the International Association of Gerontology and by San Francisco's Mayor George Christopher, and for special groups by a number of organizations. Twenty research centers and projects for older people in the San Francisco Bay area attracted numerous American and foreign visitors.

### Former IAG Presidents Honored

The three living former presidents of the Association were honored for their contributions to gerontology and for their work in building a far-flung, viable Association: Professor E. V. Cowdry of St. Louis, Dr. J. H. Sheldon of Wolverhampton, England, and Professor Enrico Greppi of Florence, Italy. All three were associated with the late Professor L. Brull of Belgium in founding the Association. Each received a hand-illuminated scroll presented on behalf of the Executive Committee for the Americas by Chairman Clark Tibbitts.

### NIH and Ford Foundation Grants

Travel stipends to more than 50 foreign biological, clinical, and social science researchers had been made possible through grants from the PHS National Institutes of Health, and from the Ford Foundation for 20 foreign social welfare researchers and administrators. Many of these visitors remained in the country for the purpose of visiting American research workers and projects, and observing some of the country's outstanding programs in aging. Itineraries and visits were arranged by the Federal Council on Aging, by DHEW Regional Representatives for Aging, by the International Service Unit of the Office of the Commissioner of Social Security, and by the National Committee on the Aging.

### IAG Governing Council Revises Statutes

The Association's Governing Council met frequently during the period of the Congress to take

action on a complete revision of its statutes. Basic changes recognize the growing size and differentiation of the field, and of the Association, to permit the organization of research committees in world regions—such as the Far East—where both social science and biological research are growing rapidly.

Membership in the Association will continue to embrace societies which have a primary orientation toward research or training in gerontology and which are national in scope. Thirty such organizations, representing 21 countries, now comprise the membership of the Association.

### Next Congress in Europe

Final action of the Council was to select Europe as the meeting place for the Sixth Congress, probably in 1963. Precise location and new officers and committee structure will be announced by IAG President Louis Kuplan.

The proceedings of the Congress, now in preparation for publication, will be valuable to research workers and students in the field of gerontology and aging.

## New Research Grants In Aging

The Public Health Service announced in mid-summer that its principal research arm, the National Institutes of Health, had awarded 33 grants totaling \$842,531 for research in various aspects of aging.

The grants were made to investigators in 16 States and the District of Columbia following March 1960 recommendations to the Surgeon General by six National Advisory Councils.

Work will be supported in the biological, psychological, and sociological aspects of aging, including the specific fields of physiology, histochemistry, genetics, and morphology. Certain of the grants also will support studies on clinical problems of aging, including rehabilitation.

Eighteen grants, amounting to \$506,419 were new. Fifteen, totaling \$336,112 were continuations of existing grants.

The grants are part of a continuing NIH program of study into the health-related characteristics of the aging process. The program also includes work in the gerontological laboratories of the National Heart Institute and the National Institute of Mental Health. The grant program, costs of which are paid by all seven Institutes of NIH and the Division of General Medical Sciences, currently is supporting nearly 600 projects for research related to aging at a level of approximately \$13 million a year.

An individual listing and description of the grants is available, in limited supply, from the Information Office, Division of Gen. Med. Sciences, NIH, Bethesda, 14, Md.

## Special Staff on Aging

## U. S. DEPARTMENT OF HEALTH, EDUCATION, AND WELFARE

ARTHUR S. FLEMMING, Secretary

Published to share and exchange information about programs, activities, and publications among interested individuals, agencies, and organizations.

Use of funds for printing this publication has been approved by the Director of the Bureau of the Budget August 22, 1960.

Subscriptions (\$1.00 for 12 issues, 50¢ additional for foreign mailing, or 10¢ for single copies) should be addressed to Superintendent of Documents, U. S. Government Printing Office, Washington 25, D. C.

All other communications may be sent directly to Editor of *Aging*, Special Staff on Aging, U. S. Department of Health, Education, and Welfare, Washington 25, D. C.

## LETTERS TO THE EDITOR

In response to your inquiry asking us to describe our new illustrated *News Bulletin*, I believe the best description would be that this house organ is used primarily as a means of conveying to the residents of the institution what is happening in their own surroundings. It also acts as a reminder to them of the constant activities and concern that the employees have for them as people. Also, it informs the residents as to the activities of the Board.

In addition, the *Bulletin* acts as a means of information to the Board of Directors. Our *Bulletin* is also used to inform other institutions as to the activities at our institution.

Volume 1, No. 1 appeared on May 23. A very limited supply of free copies is available upon request.

J. HOWARD DOCKTOR

Asst. Dir., Jewish Center for Aged  
1438 E. Grand Blvd., St. Louis 7

I am enclosing a review copy of NAM's new "Report on Employment of Mature Workers." The release date of this publication is September 19, 1960.

Because of your specialized knowledge of this subject and your activities relating to it, you will doubtless find this report helpful since it bears directly on the current search for methods of dealing wisely with the older worker issue.

It indicates some of the work being carried on by the National Association of Manufacturers to promote increased job opportunities for the mature worker, as part of our continuing program to encourage the best possible use of the nation's manpower resources. Specifically, it points up some of the things industry is doing to meet the problems attending the age shift in the nation's population by showing the approach which companies use in their own operations.

By its constructive attitude and philosophy, this report serves as a how-to-do-it guide for employers' increasing use of the varied talents, experience and judgment which older workers have to contribute.

I am particularly anxious to receive your comments on this study and will appreciate your willingness to share your thinking with me.

Copies are available @ \$1 from the Industrial Relations Division of the NAM.

RUDOLPH F. BANNON

Pres., Natl. Ass'n of Manufacturers  
2 E. 48th St., NYC 17

"A Guide to Library Cooperation for the White House Conference on Aging" (June 1960), prepared for the WHCA, is being reprinted by the American Library Association for sale in quantities of 100 or more.

Copies may be ordered direct from the ALA Publishing Department, 50 E Huron St., Chicago 11, at the following rates.

100 copies	\$ 5.00
500 copies	17.50
1,000 copies	33.00

This Guide answers the following questions: Who will need library services? For what purposes? What will people need to know? How can the library serve? It includes suggestions for some sources of published aids to the librarian.

ELEANOR PHINNEY

Exec. Sec., Adult Services Division  
American Library Association  
50 E. Huron St., Chicago 11

It is possible that some of your readers might be interested in having a copy of the enclosed Club Committee Bulletin on suggested "Senior Citizens Projects," which we have recently prepared for the use of our Kiwanis clubs. We would be very pleased to send it on request without charge. (Ask for bulletin PBA #14.)

This bulletin provides answers to questions such as "How will your club serve the senior citizens in your community?", "How do you determine the greatest needs of senior citizens?", "What are typical needs of senior citizens and how can Kiwanis Clubs meet these needs?", "What are additional sources of information on senior citizens and ways in which Kiwanis can help?", and "Where should the emphasis be for Kiwanis?"

PERCY H. SHUE

Director of Activities  
Kiwanis International  
101 E. Erie, St., Chicago 11

I noted with interest a reference in the August issue of *Aging* referring, under NEWS ITEMS to a "course in East Providence emphasizing skills to help the chronically ill."

I should like to point out to you that the course to which you referred was given in the Fall of 1958, and was discontinued in the Spring, 1959.

A much more recent adult education development in this State, beamed at the aging and aged, was described by Henrietta Rabe on page 26 of the May 1960 issue of *Adult Leadership*.

The idea of our program, which was partially financed by the R. I. Division on Aging as a pilot project, took hold. This year it will be continued wholly underwritten by a local adult education department.

ROBERTA B. BROWN

Administrator, Division on Aging  
Room A, Roger Williams Bldg.  
Providence 8, R. I.

The Health Insurance Institute is making available to libraries two very timely items that you may wish to announce to your readers:

"A List of Worthwhile Health Insurance Books" (1960 edition; 24pp; free; The Health Insurance Institute, 488 Madison Ave., NYC 22) includes an up-to-date selection of current literature, a listing of organizations having a relationship to health and the financing of medical care, and a list of periodicals that cover health insurance.

"1960-1961 National Intercollegiate Debate: Insurance Reference Kit; Debate topic: Compulsory Health Insurance" (5-page suggested reference list and several publications; free; The Health Insurance Institute, 488 Madison Ave., NYC 22).

ELIZABETH FERGUSON

Librarian, Institute of Life Insurance  
488 Madison Ave., NYC 22



A letter received from a member of a State committee on aging in another State to whom we had sent a copy of our final report, "Florida Presents an Action Program on Aging," reveals a misunderstanding has been created by the article on the first page of your issue No. 70 of August 1960.

In the first column, you gave a list of the three States that had furnished a report and recommendations by the third week in July and followed this with a list of ten States that had furnished "reports of findings without recommendations" by that date. (Florida is in the latter list.)

Undoubtedly, others will be as confused by this as was our correspondent. It was our understanding that all States were to be required to submit a "fact book" prior to and apart from the State report. Actually, Florida's fact book, which is entitled "Looking at Aging in Florida," as well as Florida's "Opinion Poll" are source books only. The final report, "Florida Presents an Action Program on Aging," which was transmitted in mid-August contains both a summary of findings and recommendations.

There is an unfortunate implication in the wording of this article which we hope might be corrected in a subsequent issue. There is an implication of incompleteness in the wording, "reports of findings without recommendations." As a matter of fact, Florida's fact book is and will continue for some time to be a substantial source book of information regarding the aged in Florida and in the nation. It stands on its own. The same thing is true of the Opinion Poll and of the Committee's final report.

**ROBERT T. LANSDALE**  
Secretary, Citizens Advisory  
Committee on the Aged  
School of Social Welfare  
Florida State University  
Tallahassee, Florida

Enclosed you will find a brochure, "Library Services And The Aging," which was prepared for distribution at the Governor's Conference on Aging in North Carolina, July 27-29.

Single copies are available upon request, accompanied by self-addressed, stamped envelope. Send requests to North Carolina State Library, P.O. Box 2889, Raleigh.

**ELIZABETH H. HUGHEY**  
State Librarian, Raleigh, N. C.

Enclosed is a program of an "Aging Successfully" group discussion which we sponsored in Zebulon, North Carolina. Under separate cover, I am sending you the information kit, containing various pamphlets which cover the many aspects of aging, which each participant received.

This is our third program and we felt that this one was very successful. There were 49 registered, 15 men and 34 women, with average attendance of 40. The age range was from 40 to 94. All taking part were Negroes. Next fall, we will sponsor one in another part of the county. Our objectives are to acquaint the people throughout Wake County with the program and educate the aging and the aged for more useful and effective living.

**MRS. MOLLIE HUSTON LEE**  
Richard B. Harrison Public Library  
Raleigh, North Carolina

You will recall the booklet our Men's Club from Senior Center prepared for discussion purposes and for which we received many requests following the publication of your summary in *Aging*.

The Women's Discussion Group have prepared theirs—"The Retired Woman Plans Ahead." I hope you will feel this, too, worth a mention in *Aging*.

It, too, is in limited supply but can be made available @ 25¢ a copy.

Thanks for your continued interest in our efforts.

**JANET S. BURGOON**  
Director, Senior Center, Winnetka  
Community House  
620 Lincoln, Winnetka, Ill.

The Iowa State University broadcasting service has for over a year now been involved in the development of special radio programs designed to reach the elderly population of our area. We have met with some success in this venture and are constantly interested in developing better methods.

Recently a report entitled "Reaching the Elderly Population through Broadcasting," assembled for use by the Iowa University Institute of Gerontology, was published. This material would perhaps be of some interest to your Department, and I am therefore taking the liberty of forwarding a copy to you.

**MICHAEL E. COLLINS, JR.**  
Production Manager, WOI Radio  
Iowa State University of  
Science and Technology  
Ames, Iowa

This is in response to your request to make note of *Aging In Metropolitan St. Louis* (Monthly Report to the Community of the Committee on Aging).

We will be pleased to send one issue of our Monthly Report to anyone on request without charge. However, should anyone wish to receive our Report on the regular basis, there is a charge of \$1 for a year's subscription of ten issues. This will meet our cost of handling and mailing.

We are pleased that you are interested in our program of developing services to the aging here in the metropolitan St. Louis area.

**WALTER M. BEATTIE, JR.**  
Planning Dir., Services to the Aging  
Health & Welfare Council of  
Metropolitan St. Louis  
417 No. 10 St., St. Louis 1

Dr. Thomas H. Carroll, Vice President of the Ford Foundation, asked me to acknowledge and thank you for your letter regarding the availability to readers of *Aging* of copies of his talk, "A Foundation Looks at Community Action on the Problems of Older People." It was presented on August 4 at a civic luncheon sponsored by the Board of Directors of the United Community Fund of San Francisco.

The Foundation would be pleased to make copies available to your readers. Requests should be sent to me to facilitate handling. Unfortunately, we have only a limited supply of copies but would hope to honor requests which might come to us.

Inasmuch as the title is more narrowly focused than the speech itself, you may wish to indicate that the speech:

1. describes our special community project on the organization of local services for the elderly and announces the names of those receiving grant awards under this project;

2. describes briefly our other grant activities dealing with the problems and potentials of older people and our approximately \$4,000,000 investment in the field;

3. states four points which should be considered by local leadership concerned with service programs for older people.

**STACEY WIDDICOMBE**  
Program Associate, Program in Aging  
The Ford Foundation  
477 Madison Ave., NYC 22

**"Be it further resolved that the states support and participate actively in the forthcoming White House Conference on Aging to the end that public and private agencies be stimulated and encouraged to develop effective approaches to all the problems of the aging."**

—Resolution adopted June 29 by the 52nd Annual Meeting of the Governor's Conference, Glacier National Park, Montana.

## PUBLICATIONS

**"Handbook of Social Gerontology,"** edited by Clark Tibbitts (The University of Chicago Press; XIX + 770 pp.; \$10) is one of three major publications emanating from the Inter-University Training Institute in Social Gerontology, under the direction of Dr. Wilma Donahue of The University of Michigan. The **"Handbook of Aging and the Individual,"** edited by Dr. James E. Birren (see *Aging* 65, p. 10), is a compendium of knowledge concerning biological and psychological aspects of aging. **"Aging in Western Societies,"** edited by E. W. Burgess, will describe approaches to aging in western European cultures.

**"The Handbook of Social Gerontology"** undertakes to define the relationships of older adults to their total environment and socio-cultural framework. The opening chapter traces the development of the field of social gerontology and identifies its major areas of interest. This book represents the first attempt to organize the concepts, theories, and current information in this new and still emerging field of scientific inquiry.

Each of the 18 succeeding chapters outlines a significant aspect of the field, summarizes the knowledge existing at the present time, and identifies areas of needed research. The concern throughout is to demonstrate the influences of the economy and society on the middle aged and older person, the individual's response to his own aging processes, and the implications of the older population for society itself. Each chapter represents a major contribution of one or more of the country's outstanding researchers in the field of aging.

The **"Handbook"** is designed, in part, for teachers of courses or units in aging and for students. For researchers, it states what is already known and what needs to be known, and provides excellent bibliographies of the useful current literature. For thoughtful administrators and program planners, it offers a wealth of information applicable to the design of action programs. The **"Handbook"** has a minimum of technical language, a detailed table of contents, an author index, and an exceptionally well done subject-matter index.

☆

Each patient in the *right* place, at the *right* time, with the *right* services is the objective of the Progressive Patient Care program. **"Progressive Patient Care"** is an attractive new brochure describing the goal, the concept, the plan, and the benefits of this program.

Free copies are available from the Division of Hospital and Medical Facilities, PHS, U. S. Department of HEW, Washington 25, D. C.

In 1950, the Department of Labor's Bureau of Labor Statistics conducted a detailed and intensive study of income, savings, and expenditures of a scientific sample of consumer units to serve as the basis for the revision of the monthly Consumer Price Index. With the aid of a grant from the Ford Foundation, the University of Pennsylvania's Consumer Expenditure Study has been making a series of special analyses of the comprehensive data originally collected.

The latest volume to be published, **"Consumption Patterns of the Aged"** by Sidney Goldstein, Professor of Sociology at Brown University, is available @ \$7.50 from the Consumer Expenditure Study, E-4 Dietrich Hall, University of Pennsylvania, Philadelphia 4.

In some 300 pages, Professor Goldstein not only presents detailed and penetrating analyses of the income, savings, and expenditures of aged consumer units, but also summarizes and relates other pertinent findings from studies, surveys, censuses, etc. The monograph represents an invaluable reference source. For data on the expenditures of older persons as related to income, sex, occupation, family size, etc., it is the only source. Professor Goldstein has maintained a fine balance between the detailed tabulations and the accompanying, comprehensive analysis.

☆

Publication of a new monthly periodical, **Health, Education, and Welfare Indicators**, was announced September 12 by DHEW. Intended to provide a handy reference on current developments in the field of human resources, it features up-to-date statistical information in such areas as consumer interests, health conditions, population trends, social security, births, deaths, and marriages. Month-to-month changes in a wide-ranging field of subjects are reflected in a series of charts and tables.

The publication is being issued as a companion piece to the annual **Health, Education, and Welfare Trends**, published earlier this year.

Subscription price for **HEW Indicators** is \$3.50 per year from the Superintendent of Documents, Washington 25, D. C.

☆

The American Institute of Architects (1735 New York Ave., N.W., Washington, D. C.) has available @ 25¢, **"Facilities for the Aging and the Infirm."**

This consists of two articles from the May and July issues of the **Journal of the American Institute of Architects** which describe the problems, resources, types of housing, necessary safety features, and other pertinent data on newer types of both private and community facilities for the aged. Many sketches and floor plans are included in this 20-page reprint. *No stamps, please.*

**"Social and Medical Problems of the Elderly,"** by Dr. Kenneth Hazell (Hutchinson Medical Publications Ltd., 178-202 Great Portland St., London, W. 1; 1960; 216 pp.; \$4.20 or 30 shillings), outlines the link between these two problems and draws attention to the need for improvement.

The social conditions related in this book include retirement, living conditions, habits, and old age clubs. The physiological changes, diseases, and conditions to which the aging are particularly prone are described, and treatments are indicated. The author relates the aspects of hospital services for the elderly in England and points out the present weaknesses.

The particular value of this book lies in its appreciation of the social problems of the older adult together with the practical discussions of the arrangement of a hospital geriatric unit.

☆

The 25th Anniversary Edition of **Basic Readings in Social Security**, with 1640 references, has been compiled as a guide to the significant books, pamphlets, articles and periodical sources on the Social Security Act, the programs administered under the Act, and references to programs closely related to social security. This basic 221-page bibliography is a revision (to January 1960), of separate listings of published references of continuing significance. Some items, now out of print, have been retained because of their importance, and because they are available in many of the larger libraries.

Although this bibliography does not claim to be comprehensive, it includes sections on legislative reports, studies by agencies working in this field, articles in journals, pamphlets, and other materials dealing with data too current to be found in more formal book-length publications.

For sale @ \$1 by Superintendent of Documents, Washington 25, D. C.

☆

Single free copies of reprints of two articles on the role of the public library and the older reader are available from the author, Miss Rose Vainstein, Public Library Specialist, Library Services Branch, U. S. Office of Education, DHEW, Washington 25, D. C.

One, a reprint from the March-April 1960 issue of *North Country Libraries*, is **"The Public Library And The Older Adult."** It shows that planning an adequate library program in the field of aging takes time, and outlines steps for such planning.

The other is a reprint from the May 1960 issue of *Adult Leadership*, **"The Role of The Public Library in Education for The Aging."** It tells how the "people's university" can contribute just as substantially to the field of aging as to other areas of community service.

In the September 1, 1960 issue of *The Booklist and Subscription Books Bulletin* (American Library Association, 50 E Huron St, Chicago 11; \$6 a year, single copy 40¢) is a **special listing** of books, pamphlets, periodicals, and films **on aging**. This list was compiled by Fern Long, Chairman, Committee on Library Services Division, ALA, with assistance from the Cleveland Public Library staff.

☆

**"A Handbook for Friendly Visitors"** will be sent free if stamped, self-addressed envelope is furnished to: New Hampshire Social Welfare Council, 37a Green St., Box 252, Concord, N. H.

This 12-page booklet provides pertinent information for volunteer programs in order that visits may be of value both to the Institute and to the people visited. Included is an outline of the program, and a listing of qualifications, duties and responsibilities expected of friendly visitors.

☆

A 52-page booklet, prepared by Robert Palmer and the NIH Center for Aging Research presents reviews of selected papers published during 1959 reporting research in aging by scientists with grants from NIH or working at the National Institutes of Health.

The selection is representative of the larger number of published articles during the year, but is not a comprehensive review of the whole literature. For readers interested in a particular review, the source for obtaining the original article is provided.

Single free copies of this booklet, **"PHS Publication No. 779,"** are available from Public Inquiries Branch, PHS, DHEW, Washington 25, D. C.

☆

Section 5, **"Life Tables,"** of the annual report *Vital Statistics of the United States* is now available. This is one of 13 sections issued separately, which will be bound into a complete two-volume report.

This "Life Tables" section, based on 1958 population figures, includes tabulations of total population, with color and sex breakdowns, as well as estimated averages on length of life in years, and related information.

Single free copies: National Office of Vital Statistics, PHS, DHEW, Washington 25, D. C.

☆

A single-sheet flyer which explains **"How To Obtain Low-Rent Housing for Elderly Persons"** and includes a listing of PHS regional offices is available, in quantity if requested, from Mr. Casey Ireland, Executive Assistant to the Commissioner, Room 1109 Longfellow Bldg., 1741 Rhode Island Ave., N.W., Washington 25, D. C. PHA reserves the right to limit quantities.



## PUBLICATIONS

**"Needs and Resources of the Aging in New Jersey"** (Report I, June 1960, 69 pp.) is a factual inventory of known programs for the aging in this State. It is an objective summary, and does not contain either procedural or legislative recommendations.

The report has five sections—an introductory portion which describes the evolution and organization of the State Division of Aging, and four sections dealing with economic security, housing, medical care, and education and social welfare.

State Report II (October, 1960) will incorporate the findings of citizen committees for the White House Conference on Aging, and will include New Jersey's recommendations.

Copies of Report I are available in very limited supply from N. J. State Division of Aging, 129 E. Hanover St., Trenton 25.

☆

**"Health and Medical Care Characteristics of the Aging in Kansas"** is a report of studies made during the past four years by the Kansas State Board of Health and completed as a special contribution to the White House Conference on Aging. These studies covered four communities quite dissimilar in population characteristics and economic structure. Two counties, one completely rural and one rapidly expanding, are featured in this report with emphasis upon the more progressive county. Copies of this informative booklet are available in limited supply from Virginia Pence, Director, Health Education Division, Kansas State Board of Health, Topeka, Kansas.

☆

The rules under which claims for Federal old-age, survivors, and disability insurance payments are decided and benefits paid are explained in a new publication entitled **"Social Security Handbook on Old-Age, Survivors, and Disability Insurance."**

The 242-page handbook is designed for those interested in helping and advising others on social security matters. It is indexed for easy reference, and provides an explanation of the OASDI program, how it operates, and what should be done to protect and establish rights under the program.

Each of the 584 social security district offices throughout the country has a copy available for reference, and copies have been sent to public libraries and law libraries.

Anyone wanting to purchase a copy may order it from the Superintendent of Documents, Washington 25, D. C. @ 75¢.

The 1959-1960 *Annual Report* (67 pp.) to the Board of Directors of the **Health Information Foundation**, 420 Lexington Ave, NYC 17, has been released. Free single copies, in limited supply, are available.

This is the tenth report of the HIF, and gives much pertinent material on the aims, purposes, and resources of this foundation which is supported wholly by contributions from 154 firms in the drug, pharmaceutical, chemical, and allied industries.

☆

A free leaflet, **"Over 60 Employment and Counseling Service of Northern Virginia, Inc."** (300 N Park Dr, Arlington 3, Va.) describes what the organization is, how it works, and what it does. Retired persons in the Washington Metropolitan Area are free to enroll, even if employment is not desired, so that their resourcefulness, sympathy, and understanding might help others. There is no fee for either enrollment or placement of an individual.

☆

A new approach on rehabilitation is presented by Miss Melba Drake of the Houston, Texas, V.A. Hospital in the August 1960 issue of *The American Journal of Nursing*. This approach is that of a nursing service in an institution, with a team leader who is free of all other administrative duties, as well as all other nursing care responsibilities. The team leader, known as a nurse-coordinator, had prime responsibilities to (1) guide the nursing team by making an early evaluation of the patient's capacity for self care, and to (2) initiate instruction of the patient in self-care techniques. Details of the techniques and benefits derived from having a nurse-coordinator are fully explained.

The article, **"Rehabilitation (An Added Dimension in Nursing Care),"** appears on p. 1105-6. Single copies @ 60¢ from: *The American Journal of Nursing*, 10 Columbus Circle, NYC 19.

☆

*The Journal of The American Nursing Home Association* (1346 Conn. Ave NW, Washington 6, D.C.) for September 1960 has several articles of interest to those concerned with the problems of aging:

"Significance of the White House Conference on Aging," by Miss Esther C. Stamats of the Special Staff on Aging.

"New Look in Health Insurance for Senior Citizens," by Miss Agnes Brewster, Medical Economist, Division of Program Research, Social Security Administration, DHEW.

"Rehabilitation Potential of the Elderly," by Dr. Leon Lewis, Lecturer in Medicine at Stanford University, and Director of the Respiratory and Rehabilitation Center at Fairmont Hospital of Alameda County, San Leandro, Calif.

"Foot Care for Nurses in Nursing Homes."

Also included is The ANHA's handy State Association Directory.

The ANHA *Journal* is sold @ 50¢ per copy, \$3.50 a year.

**"Accent on Friendship—Guide for Developing Red Cross Volunteer Services in a Nursing Home"** thoroughly explains what volunteers can do to give new interests to residents of nursing homes and homes for the aged. This 13-page, mimeographed booklet offers helpful suggestions on how to begin and carry out effectively such a program.

Information and single copies are available through local Red Cross chapters. Single copies may also be had upon request to American National Red Cross, Washington 6, D. C.

☆

**The Journal of the Michigan State Medical Society** (\$6 a year, single copies 60¢; 2642 University Avenue, St. Paul 14, Minn.) devoted the entire May 1960 issue to "The Well Older Person." Many especially fine articles cover a variety of subjects. Since most of our older population are well and normal, and should not be deprived of active constructive lives, this issue treats the subject of "Aging . . . with zest, skill, experience, enthusiasm."

☆

**"Housing for You when You're 62—What FHA does about it"** is an informative pamphlet prepared by the Federal Housing Administration. Many older people are able to live independently in their own homes, or in separate rental dwellings, if such housing is available at prices they can afford. Other people require living arrangements for personal care. This booklet explains FHA's program to encourage the development of good housing that will meet the varying needs of elderly occupants.

Single free copies are available from the Commissioner of FHA (Attn: Special Assistant for Elderly Housing), 811 Vermont Avenue NW, Washington 25, D. C.

☆

Single free copies of an information kit on **"Medical Care for the Aged"** are available from the National Association of Manufacturers, 2 E 48 St., NYC 17. This kit includes valuable data on financial resources of the aging, voluntary health insurance among the aged, use of health services by the aged, and medical care for the aged.

☆

**"Living Longer and Liking It"** is a useful guide for the older people of Greater Milwaukee. Sources of information about health services, living arrangements, and leisure time services are listed concisely. Requests, enclosing self-addressed, stamped (4¢), business-sized (9½ x 4¼") envelope, should be sent to the Committee on Aging, Community Welfare Council of Greater Milwaukee, 606 E. Wisconsin Ave., Milwaukee 2.

Nursing homes throughout the Nation report a wide range in daily operating costs, according to a new Public Health Service publication, **"Costs of Operating Nursing Homes and Related Facilities."** The booklet cites costs from 36 studies in nursing homes, homes for the aged, and boarding homes under proprietary, nonprofit, and public auspices.

A summary table highlighting the general range in costs among the different facilities shows that daily costs since 1957 vary from \$3.38 in four Georgia nursing homes (having 100 beds and over) to \$13.85 in a 42-bed nursing home unit of a New Jersey hospital providing rehabilitation and occupational therapy.

The 36-page report lists 59 articles, pamphlets, and reports that have been published in recent years on costs and accounting records in special types of long-term care facilities. It is expected to be useful to administrators of these facilities, to State agencies responsible for the planning, construction, and licensure of nursing homes, public assistance agencies, and others concerned with the costs of providing care to the aged.

The report is available @ 20¢ from the Superintendent of Documents, Washington 25, D. C.

☆

Single copies of reprints of an article from the May 1960 issue of *Geriatrics* may be obtained from the author: Franz Goldman, M.D., Director, Health Study, Council of Jewish Federations and Welfare Funds, 729 Seventh Ave, NYC 19. Requests from professional persons only, please. Send stamped, addressed envelope.

The article, **"Residents of Homes for the Aged,"** is based on the first large-scale inquiry of its kind, and presents a composite picture of the socioeconomic and health conditions of 530 residents of five homes for the aged in different communities. The findings on the high prevalence of physical or mental impairment suggest a new policy for the operation of such homes.

☆

Single free copies of two reprints of articles from the August 1960 issue of *Traffic Safety* are available from Doris E. Mersdorf, Senior Consultant, Home Department, National Safety Council, 425 N. Michigan Ave., Chicago 11:

**"The Senior Citizen in Traffic"** explains the relationship of traffic accidents and age. The faults of older people as drivers and pedestrians are shown, and helpful corrective tips are given.

**"The Aging Pedestrian"** by Glenn T. Lashley presents to older persons the hazards in walking, and the programs which some cities have adopted for pedestrian control. This article emphasizes increased protection of the older pedestrian.

Persons requesting these reprints should specify that they saw the listing in *Aging*.

## Wisconsin:

### Program To Help Disabled Elderly

By Paul F. Fleer, Administrator, Division of Chronic Disease and Aging, Wisconsin State Board of Health, State Office Bldg., Madison 20.

Since October 1958, our Division of Chronic Disease and Aging has carried on educational and demonstrational activities in the northeastern counties of Wisconsin among medical, hospital, public health, nursing home personnel and others, to create an awareness of the rehabilitation potential of many older disabled persons, to provide training for these groups in simple rehabilitation procedures, and to help develop coordination among the available resources.

Division staff consists of two physical therapists, a chronic disease consultant nurse, an administrator who is also a physical therapist and an acting director (M.D.). Activities are supervised locally by the District Health Officer of the State Board of Health.

During the first year, activities were limited primarily to nursing homes in a single county. Division personnel supplied direct services to patients in these nursing homes under the prescription and supervision of their own personal physicians, as an attempt to teach basic rehabilitative procedures to the nursing home personnel. Two formal training series for nursing home personnel were held: 12 weekly sessions on the broad practice of rehabilitation as it applies to nursing home care, and 8 weekly sessions on fundamental nursing techniques in nursing homes. These services will continue over a three-year demonstration period, after which it is hoped that community agencies will be able to continue the demonstrated activities.

Many opportunities have been afforded to acquaint medical, allied, and other professional and civic groups in the county with the work of our Division, and to point up the importance of community action in helping to rehabilitate the disabled older citizen. Among these groups have been the School of Nursing, School of Practical Nursing, Section on Aging of the United Community Council, County Welfare Department, Curative Workshop, and Altrusa Club. We have also held a short in-service education series with a local hospital and the Visiting Nurse Association.

A spontaneous extension of the rehabilitation activities to the other seven counties of the health district took place and was largely the result of a series of eight monthly full-day sessions on rehabilitation for public health and hospital nurses in the district. These in-service sessions considered the nurse's role in the rehabilitation of a

patient who has one of the major disabling conditions. They emphasized not only nurse's direct services to the patient, but also her opportunities for initiating referrals and coordinating the total effort.

As part of this series, each nurse was encouraged to observe one patient for a rehabilitation case study in her own area and/or agency, with evaluation and demonstration services being supplied by Division staff. Over 30 patients were seen on this basis, thus creating excellent opportunities for demonstrating the value of rehabilitation practice to individual physicians, hospital staffs, health and welfare agency personnel, and laymen in their own communities. The point was made that the majority of disabled older persons can be helped to attain higher levels of self sufficiency through the coordinated use of available community resources, often with some supplementary aid from the State Board of Health.

Considerable interest developed in several of these areas to secure added training in rehabilitation at the local level, and the assistance of our Division was requested for this purpose. Subsequently, four hospital-based in-service series on rehabilitation were conducted this spring, three of which are being continued in the fall. Five others are also being planned to begin this fall. These educational programs are community or county-wide and involve the physicians, hospitals, nursing homes, and city and county health departments. Where appropriate, personnel of public welfare, vocational rehabilitation, and other interested agencies are included. The programs consist of both didactic and clinical phases of training, with Division personnel assisting in planning and conducting the classroom sessions, and evaluating selected patients and demonstrating techniques.

This educational and demonstrational type of approach seems of great value in helping community groups to develop an awareness of the needs of their disabled older citizens, in aiding professional personnel to acquire useful skills in their treatment, and in providing coordination of the available resources. It is planned to secure additional personnel for the present Division staff, including occupational and physical therapists, medical social workers and health educators. This will enable us to broaden the program and increase its effectiveness.

The activities of the Division of Chronic Disease and Aging have now been expanded from a district to a statewide basis. As personnel become available, the numerous requests for these services from district and local levels in other parts of the State are being filled.



## Rhode Island:

### A New Note is Sounded

By Roberta B. Brown, Administrator, Rhode Island Division on Aging, Roger Williams Bldg., Providence 8.

A plea for planning geared realistically to urban growth was sounded at the final session of Rhode Island's Preparatory Conference for the WHCA in Newport on June 29. It was an appeal for specialists and planners to take a hard look at the spreading urban areas, and to gear services for the aged to fit the new "urban sprawl" and its resultant "gray areas."

#### Are the Aging Left Out of City Planning?

"The city we remember from our boyhoods," said Professor Robert Wood of Massachusetts Institute of Technology, principal luncheon speaker, "is one only of song and story." The new cities, he said, are formed by breaking up of the old and the spilling out of businesses and people into the "black-top culture" fed by super-highways. Left behind are those who can't or don't want to get out, with many of the aged among them.

Substantiating the significance of the impact of urban change and road building upon older persons was a report by Professor Sidney Goldstein of Brown University who described a study of "Residential Displacement and Resettlement of the Aged," undertaken in an area traversed by freeway construction in Providence. This study, sponsored by the R.I. Division on Aging, revealed a significant impact upon elderly, unattached males whose residence in the area, contrary to previous assumption, proved to be of long duration with consequent strong ties to the neighborhood.

#### Significant Urban Landscape Changes

With the National Defense Highway Act and urban renewal programs transforming much of our urban landscape, planning for any persons or purposes demands an awareness of social and economic implications of the changes that are taking place. The impact on elderly persons in suburban places, although less dramatically evident, may be reflected in the lack of an "array of opportunities that the city once afforded" and greater isolation and fewer facilities for transportation and communication, according to Professor Wood.

The "key men" in decision-making as these changes come about, Professor Wood said, are "the urban renewal administrator, the transportation authorities, the State and Federal highway men, the park commissions, etc. "These metropolitan giants," he said, shape the future and make the key decisions, aided by the quasi-public organizations supporting them.

R. Nelson Jolliffe, representing an action group created to effect a Master Plan for down-

town renewal in Providence, spoke to the group briefly describing his group's objectives.

Dr. Alex Burgess, Conference Chairman, presided at this luncheon meeting, and Mr. William A. Regan, a member of the WHCA National Advisory Committee, later presided at the summary session.

#### Conference Attendance Widely Representative

Invited to attend the meeting, along with participants who were first assembled last January to initiate Rhode Island's White House Conference preparations, were city and town planners, renewal and redevelopment agency representatives, local housing authority members, representatives of the State Department of Public Works, R. I. Development Council, Providence Chamber of Commerce, the U. S. Navy, and the Veterans Administration.

Visitors also attended from State and local councils on aging in Massachusetts and Connecticut.

#### U. S. Navy Also Concerned

Captain James A. McLaughlin of the U. S. Naval Hospital in Newport, told the group that a major part of medical service in the Navy now is geriatric service to retired personnel who locate near such facilities for convenience in obtaining medical care. He stated that great improvement in geriatric service was needed on the part of the Navy.

Six work groups, which had completed their studies in numerous meetings and consultations since January, studied proposed recommendations, following the luncheon. As a result of Conference discussions, the recommendations were revised, and then presented at a summary session of the full Conference.

Finally, a social hour, at which the Newport Committee on Aging served as host, concluded the Conference.

#### 42 Recommendations

A total of 42 recommendations were accepted by the Conference Steering Committee at a subsequent meeting with work group chairmen and WHCA National Advisory Committee members. These recommendations have been included, without substantive change, in the R. I. Report of Recommendations, prepared by Conference consultant Professor Walter McKain.

Copies of the recommendations, as well as copies of the reports by Professors Goldstein and Wood, and our fact book, "Facts on Aging in Rhode Island"—all of which were distributed to Conference participants—are available upon request from our office.

We are hoping to produce in the near future a 20-minute film, portraying the facts given emphasis at this Conference, and showing facilities and services for the aged in Rhode Island.

## Chicago:

### JCC's Older Adult Conference

By Peter Tarrell, Director, Older Adult Department, Jewish Community Centers of Chicago, 32 W. Randolph St., Chicago 1.

For the past 13 years the Older Adult Department of the Jewish Community Centers of Chicago has sponsored an annual Conference to provide a platform from which the older adult could give voice to his special interests and concerns as an aging person.

During the first conference years, active participants were "sophisticated parliamentarians" who envisaged immediate action as a result of their recommendations. But as our conferees developed more understanding and experience, they have been less demanding for immediate solutions. They have also assumed more responsibility for their own program planning.

This annual conference has become an increasingly important medium for older adults to assert their drive for independence, security, and recognition. About 700 people participated this year.

The workshops were the heart of our conference. It was here that the "doers" and the "talkers," as well as some of the "thinkers," got in their "licks." They voiced their hopes and frustrations, their anxieties and successes, their needs and demands. They spoke freely, for the most part, though limited in time. Some spoke uninhibitedly; others were somewhat frightened. They hammered out resolutions on financial security, medical programs, housing, and educational-recreation programs. They recognized the gap from the time of passing resolutions to the obtaining of results, and expressed the feeling, "perhaps not in our lifetime but maybe for our children."

Resolutions were also passed on the need for civil rights and world peace. In 1960, many of these resolutions are focal points of national concern.

Because of their long-time interest, our conference participants believe they played an active role in bringing these issues to the attention of the government. Senior citizens everywhere, we think, can assume a new role in helping to define and establish goals and programs for society as a whole.

## Minnesota:

### Small-Scale Test of WHCA

By Bernard E. Nash, Executive Secretary, Governor's Citizens Council on Aging, Centennial Building, St. Paul 1.

Minnesota conducted the first of its two statewide Conferences on Aging on June 14-15 at Gustavus Adolphus College in St. Peter, in preparation for the WHCA.

Designed as a small-scale test of the White House Conference format, this conference provided the 225 participants and Federal observers with several ideas for the improvement and strengthening of the actual WHCA plan.

The value of exchange meetings following workshops on specific subject matters proved one of the highlights of the conference. To provide an exhaustive test of possible techniques for conducting exchange meetings, this conference had six separate exchange groups. Each was assigned a different method of proceedings, ranging from non-directive discussions to a specific charge to be accomplished within a given time.

Voting on recommendations was accomplished in section meetings and in the final plenary session. Minnesota recommends that voting in future conferences be restricted to section meetings in view of the time element which restricts discussion in the larger plenary sessions.

Selection of delegates to be invited to the conference was based on a two-third organizational representative and one-third individual method. A list of over 400 State organizations was obtained and any organization remotely related to aging was extended an invitation to accept one delegate seat. No organization was allotted more than five invitations. The percentage of responses from the individual invitations was higher than from organizations. This indicated the danger of extending group invitations to only one person who may or may not follow through on assignments for his organization.

Recommendations accepted by the conference have been combined with those which were received as a result of some 600 letters mailed to organizations, legislators, local officials, and committees on Aging. Final recommendations were presented at the Governor's Conference on Aging on August 25-26 in Minneapolis. The Citizens Council on Aging has, in the meantime, drafted the final report for Minnesota.